

CHEXS
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2021

CHEXS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

A Gorton
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P Seeby
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L Alum
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CEO

P Maiden

Charity number

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CHEXS

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CHEXS

CHAIRPERSON FOREWORD

CHEXS is the personification of all that is 'good' in our world today; people caring about people, people making personal sacrifices for the benefit of others, and hence making the more vulnerable members of our local community recognise their true potential and celebrate their personal dignity; subsequently enabling them to identify how they can make a significant contribution to the common good of the community in which they live.

Quite simply, CHEXS values people, in turn helping them to realise their own true value. In a society increasingly obsessed with image and personal wealth, the more vulnerable members of our society are becoming increasingly marginalised and disenfranchised; CHEXS essentially strives to redress this imbalance through the marvelous work that it does, providing people with both hope and aspiration in equal measure.

The work carried out by the 'stronger than ever' CHEXS team in the local community is often life-changing and never less than highly effective. Indeed, the CHEXS team is now an integral feature of our local community, and the value that each member of the team brings to the organisation's collective efforts is truly inspirational; their individual contribution to the strategic vision of CHEXS is both inspiring and humbling in equal measure.

As demonstrated perfectly during the last 12 months, it is pivotal that CHEXS continues to be proactive in its approach to ensure that it continues to identify the needs of the community that it serves with such passion, and is able to respond readily to what are often subtle changes in these needs.

As you read this report, I invite you to reflect on what might have been the outcomes for those individuals/families that CHEXS has supported during the last 12 months had this support not been provided by CHEXS; therein lies the rationale for CHEXS existence...the reason why CHEXS 'does what it does'...and will continue to do so for the good of the community that it serves with such passion and commitment.



A Gorton
Chairperson

Dated: 29 October 2021

CHEXS

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 AUGUST 2021

The trustees present their report and financial statements for the year ended 31 August 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Mission, Values and Context

Who are CHEXS and what do we do?

We'd like to begin with a reminder about our work. CHEXS is an award-winning youth and family support charity working in and around Waltham Cross, Hertfordshire, which includes some of England's 10% most deprived areas for children to grow up.

We work with disadvantaged and underperforming school-age children, and their families. We raise young people's self-esteem, skills, wellbeing and aspirations, and address the issues stopping them from achieving their potential.

A key reason for our success is that we help the *whole family* address the issues underlying a young person's challenges. Through this approach, we not only directly support the young person, but also raise

parents' ability to communicate with their children, improve family relationships and support child development.

Young people are referred to us by 13 primary schools and 2 secondary schools. They refer young people to us if the young person is from a disadvantaged background and they are experiencing wellbeing, confidence or behavioural challenges that are stopping them achieving their potential.

There are four main aspects to our work:

1. We provide young people with a structured programme of outdoor learning called Growth, which includes creative work, mentoring and a community project. Our programme builds their self-esteem by helping them succeed outside the traditional classroom environment.
2. We help young people who are engaging in risky behaviours, such as drugs, alcohol and sex to make positive choices to keep themselves safe.
3. We help parents to resolve financial and mental health challenges which maybe impacting their children, and work with them to develop positive parenting skills.
4. We support parents and young people to work alongside each other, delivering positive projects that strengthen their relationships and enhance our community.

Whilst the support received from schools contributes towards some of the work performed within schools, we need to continue to fundraise for our out-of-school activities supporting disadvantaged young people and for our work with families. This unfunded work typically makes up 50% of our annual budget.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

Achievements and performance

What we have achieved - September 2020 – August 2021

We are extremely grateful to our stakeholders, key partner agencies and trusts and foundation that have supported CHEXS, over the last 12 months we have:

- Worked with 366 disadvantaged and underperforming school-age children, to build their aspirations, self-esteem and wellbeing – including supporting them through lockdowns.
- Provided after-school and holiday support to 108 disadvantaged young people, helping to build their aspirations, self-esteem and wellbeing. We secured emergency National Lottery funding to expand provision during the holidays to help the most disadvantaged young people.
- Worked with 33 children/young people who were at serious risk of exclusion. With our support only 1 young person was excluded.
- Worked with 97 disadvantaged families, helping parents improve family relationships, manage their children's behaviour and communicate more effectively, including through lockdown.
- Delivered 416 emergency food parcels, 179 free school meal packs, 194 foodbank vouchers and helped 73 families afford to feed and support their children through lockdown.
- Secured emergency funding to help 25 destitute families keep their energy supply.

On behalf of all the young people and families we have worked with, in what has been an incredibly challenging year: thank you!

The impact of Covid-19 on our children and families

The last year has been extremely tough on the disadvantaged families and young people we support. During the first lockdown many of our families struggled to afford to feed their children. Most of the families live in small homes and don't have access to outside spaces at home. Parents found it very extremely difficult to maintain positive relationships, whilst juggling work and home education.

Our families and young people faced the following challenges:

- Almost all children we support are entitled to free school meals, often it is their only hot meal of the day. When schools closed, there was very little provision and when food was finally provided, it was often inadequate. Parents found feeding their families very challenging.
- Three of the four local food banks closed, because they couldn't effectively operate social distancing and struggled with donations. The other foodbank quickly became overwhelmed.
- Many of our families are in low-paid, insecure employment; they were particularly vulnerable to being laid off, often without furlough.
- Most have challenging inter-family relationships, living in cramped flats and houses through lockdowns made the potential for escalating tensions extremely high.
- As well as lacking space to work and play, most of our families lack broadband, computers, printers and paper to enable their children to fully participate on on-line learning provision.
- Many young people we support engage in risky behaviours, many didn't follow lockdown rules, contributing to high levels of tension at home.

The net result was that, without significant support, family relationships would have deteriorated further, and children would fall even further behind at school.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

How CHEXS has responded over the last 12 months

Many of the local organisations we work alongside closed in the first lockdown. However, we decided not to furlough any staff, from day one of the crisis, our team has worked tirelessly to alleviate the negative impact on the disadvantaged young people we support.

1. worked with the one remaining open foodbank, using our minibus to distribute food parcels for 26 weeks. Altogether we handed out 416 food parcels and 194 foodbank vouchers.
2. We contacted families of children entitled to free school meals and delivered 179 food packs to keep them going. We also delivered 73 food shopping vouchers worth £4,380
3. We secured emergency funding to help 25 families, who are on energy key meters and couldn't afford the top-up payments, keep their power on during lockdown.
4. We stayed in touch with all our families. In a typical lockdown fortnight, we contacted 40 parents by phone to provide them with support, contacted another 16 by text and undertook many Zoom support sessions with families who had access to computers.
5. We used Facebook to provide access to learning and activities that disadvantaged parents found much easier to access than the official, online education platforms.
6. We contacted all the children and young people we mentor by phone and Zoom, continuing to provide 1-2-1 support even when schools were closed.
7. We restarted our in-school and expanded our after school and holiday clubs as soon as this became possible. We've provided Covid-19 secure, direct support to 249 disadvantaged young people over the last 12 months in school time, and 108 in after-school and holiday activities.

Case study 1

'Marcia' (not her real name) is a young carer. Her mum's medical conditions mean that she frequently has to stay in hospital. The family is on a very low income. Marcia was referred to us at age 10 because she was very quiet, found it challenging to talk about her experiences and the ways that she was proud of herself.

We worked with her during her final year of primary school and through her transition to secondary school, which can be a very challenging time for those who lack self-esteem and confidence. She attended our Growth programme and received mentoring during her transition. We provided support face-to-face when she was in school, and via Zoom during the lockdown periods.

During the first lockdown, we provided her with workbooks so she could keep up at school even though she didn't have a computer. We also gave the family food parcels and a sports activity pack to help keep Marcia fit and healthy.

As the year has progressed, she slowly began to talk about her experiences and the things she is proud of. She's shared her opinions and thoughts with others and been heard and appreciated.

Marcia's mum told us: "you guys are wonderful, the only person who's shown support – thank you so much."

Marcia said: "I am more open about things, I can talk to more people. CHEXS always seems to be able to get something out of me."

She's doing well in her new school, receiving several Reward Points, which she is really proud of.

CHEXS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

How do we measure outcomes?

We have an extremely strong focus on impact measurement, using qualitative and quantitative methods.

For our **Growth and After School/holiday** programmes, schools provide a referral reason and explain the support they feel the young person needs. As part of the first session, the group of young people discuss what they want to achieve, and set personal and team goals, which we record.

During each session, we observe individual child's progress against their goals, and adjust our support and activities, as needed. At the programme's end, children complete a self-assessment, including open-ended questions. We previously used pre-and-post support questionnaires but found young people can be reluctant to admit they have challenges at the start. Post support assessments were more meaningful.

The referring school feeds back on each child's progress, including whether they've seen an improvement in their ability to reach their potential. An example of recent teacher feedback is:

"Xxxx has shown a massive transformation since returning to school after the Covid-19 break, he has engaged a lot more in his learning and we've seen a much more positive and outgoing Xxxx than before."

We ask all parents to also feedback on their child's progress, using open-ended and scored questions. An example of recent parent feedback is:

"I just want to thank you for all you've done for myself and Xxxx. She's come so far since being with you. I feel like I have my happy little girl back!"

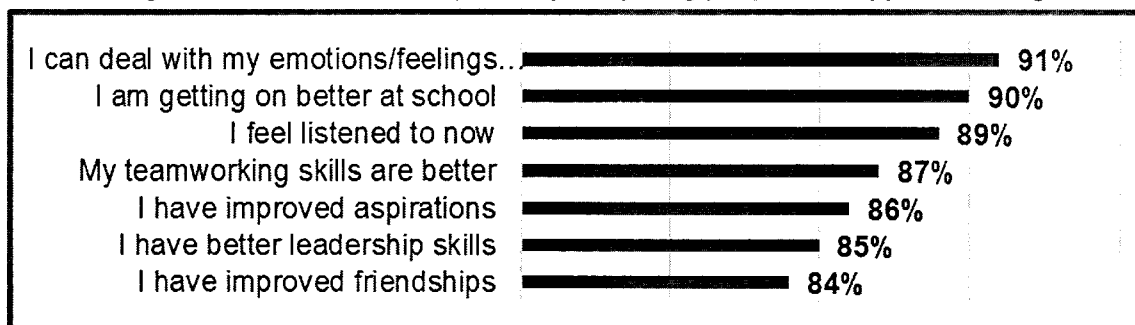
For our Family Support work, at the outset we capture details from parents regarding their need for support. After support, parents complete a self-assessment questionnaire including in-depth qualitative and quantitative questions about outcomes for parents and children.

Measures include improvements in communications, coping with behaviour, ability to support learning, parenting skills and family relationships. Parents also score improvements in their child's behaviour at home and school, confidence aspirations, school performance, wellbeing, and communications skills.

We seek school feedback on all our Family Support work and capture around 10 case studies a year.

Measuring success: outcomes reported by young people and our families

The following chart shows outcomes reported by 300 young people we supported during 2020/21.



Direct feedback from young people includes:

"I've learnt to never be scared to tell someone anything."

"CHEXS have helped me calm down from anger issues."

"I have learnt a lot about teamwork and respect. I'm better at listening to people's ideas."

"It helped educate me on some things I didn't know, like drugs, age of consent and relationships"

"I thought I'd be weak and not able to cut the trees, but I did it. I shouldn't underestimate myself in future."

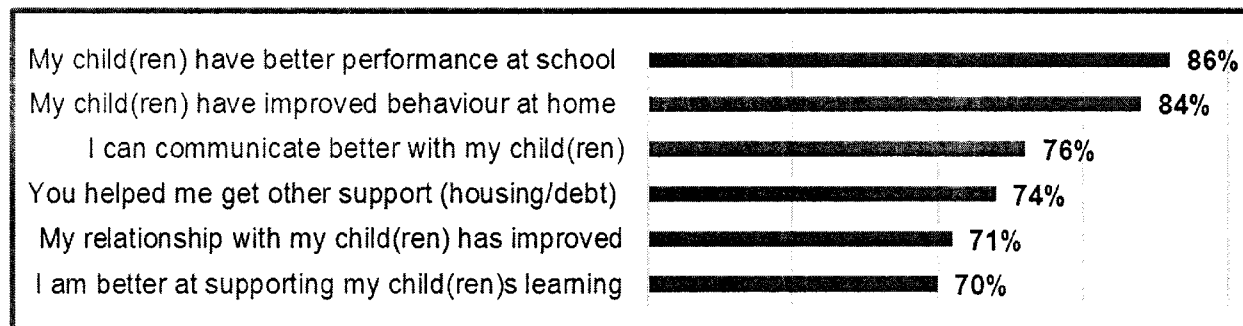
"I'm more confident after CHEXS. I now speak to a lot of different people and participate in class more."

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

The next chart shows outcomes reported by the **94 families** our Family Support team helped in 2020/21.



Direct feedback from parents includes:

"CHEXS has supported Xxxx and I through a range of challenging situations which has been invaluable. They always give you the level of support you need by listening carefully."

"Our relationship has got so much better. Thank you!"

"We have a routine and do homework together, Xxxx is so much calmer."

"You have been very supportive over this difficult time. The challenge [you gave us] has been amazing and given me and given me and Xxxx a focus. I was surprised by how much he enjoyed it."

2021 external evaluation by Dr Roger Green, Goldsmiths, University of London

Keen to get an external view of the impact of our work, in June 2021 we commissioned Dr Roger Green, the Director of Goldsmith's Centre for Community Engagement, to undertake an independent evaluation.

In his conclusion, he stated: "The CHEXS 'whole family' approach... is fully embracing of a number of good practice approaches. What is most striking is the ethos, culture and values behind its activities which are built on building positive and trusting relationships with children, young people, and their families."

CHEXS is a unique community organisation... [which] offers a more open and face-to-face approach that supports children and families in growing their capabilities, to learn, to change, to nurture relationships within families and beyond, to feel part of the community, and importantly for better, more fulfilled lives."

Dr Green sought feedback from parents, young people, and teachers. He quoted a young person as saying "it's different, I learn new things, building things. I learn about what I am doing, it makes me think."

More broadly, of young people Dr Green said: "the students all commented on the impact CHEXS had... in and out of school with relationships, giving them more confidence that they had previously, for example schoolwork, helping with tackling issues relating to feeling anxious and improving their ability to socialise."

Dr Green said of teachers "schools are collectively full of praise for CHEXS intervention in the children's and students' lives and their parents and families."

A Mum told him simply: "CHEXS saved my life."

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

Measuring success: Case Study 2, 'Nicole' (name changed)

Our family support team has supported a family of four children aged 8 to 12, with a history of domestic violence. The youngest child, 'Nicole', had a poor record of school attendance and was falling behind. The parents were not engaging with the school.

After referral, we invited Nicole to join our Growth and holiday programmes, which she did. This enabled us to build a positive, supporting relationship with her. Through this we identified safeguarding concerns: her father was arrested for breaching a non-molestation order and Nicole was also being asked to cook for her older siblings.

Although she found it hard to talk about these issues, we helped Nicole to develop strategies to discuss her feelings with her Mum. Through this, we opened relationships with her Mum, who then asked us to provide wider support from the Family Support team.

Mum has now started attending one of our parenting courses and is also receiving one-to-one help from our team. Her other children have begun attending our holiday programmes.

Nicole told us: "I'm proud of my homework because I keep getting it right! CHEXS made me feel happy."

Financial review

CHEXS pro-actively continues to review income & expenditure with Trustees and other key stakeholders and is constantly looking to new funding streams that can compliment the existing ones and also support the projects for the benefit of the stakeholders. This approach ensures CHEXS is continuing to build a sustainable platform to enable the charity to remain pivotal in helping to support and enable families to reach their full potential.

The accounts for the year ended 31 August 2021 show an in-year surplus of £33,104. In both the years ended 31 August 2018 and 2019 there was a deficit of £11,620 and £14,631. However, in the year ended 31 August 2020 there was an in-year surplus of £75,840 Which demonstrates the changes that both the Trustees and the executive team are making are continuing to have a positive impact on the finances to the charity.

As a result of the timing differences that occur within the charity sector, there are activities that the charity undertakes whereby the income is received in advance of the expenditure taking place, particularly where projects do not start and finish in accordance with the accounting year. As a consequence, there are some years where the charity will report a surplus followed by a deficit in the next period. It is therefore crucial that the financial health of the charity is considered over a number of periods. The charity continues to enter into projects and expand its base to deliver services to its members and the community, but to also increase its reserves to allow this be sustained in the long term.

The reserves policy of CHEXS is regularly reviewed by the Trustees to ensure that it meets the day-to-day requirements of the organisation. The aim is to ensure the charity has 3 months running operational cost (£60,000) and staff redundancy cost (£30,000) that in the event of the loss of major revenue streams there is adequate reserves to give time to secure alternative income streams and discharge contractual or financial obligations.

In light of the in-year results and the financial commentary provided, the Board considers the year end reserves total (£90,000) to be at the expected level and are satisfied that they are able, with the current level to meet its day-to-day obligations.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

CHEXS Strategic Plan 2020 – 2023 has steered CHEXS services during the COVID 19 crisis. The relationships the CHEXS team have developed with the children and families has helped strengthen their ability to support and work with the families involved. The regular CHEXS team check-ins, and build-up of trust has helped them through this crisis and will continue over the summer school break and into the autumn term.

This report highlights what is being delivered with outputs and outcomes linked to CHEXS Team roles and responsibilities:

What we want to achieve - CHEXS Strategic Plan 2020 - 2023 has five outcomes:

1. To build the skills and confidence of parents from deprived families to enable them to reach their full potential.
2. Parents will have better relationships with children and improved skills to manage behaviour and support learning.
3. Children will have improved family relationships, raised aspirations and performance.
4. A united community working together with a sense of belief and ownership tackling local issues and improving community relationships.
5. Ensure the Charity is sustainable, appropriately resourced, and has the broadest strategic choice to best enable achievement of its vision.

This approach ensures CHEXS remains focused to invest in looking ahead by analysing where the charity will be long term. Guidance and training, along with investing in up-skilling charity staff and resources, has helped the charity to better measure impact and outcomes. CHEXS has invested in looking ahead by analysing where the charity will be long term.

Under the constitution, the charity has the power to make any investment as the Trustees see fit.

Risk Management

The Trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks. During the Covid-19 Pandemic a Risk Management policy, crisis succession plan and risk register for the organisation was developed and adopted by the Board of Trustees.

COVID-19

COVID-19 continues to create enormous extra challenges. CHEXS is in the front-line of supporting vulnerable children and their families.

We maintained weekly contact with the majority of the young people and families we supported. We provided a bi-weekly update on our Covid-19 work to all our partner schools and community stakeholders.

CHEXS' Board continues to be actively engaged with the Senior Management Team in developing and enhancing CHEXS COVID-19 response plan. The plan is continuously monitored and updated from government guidance, with the Board also ensuring our plans were in-line with the charities three-year strategy. The Board remained in agreement that the children, young people, and families we support were at high risk of suffering further disadvantage so approved plans not to furlough any staff and agreed extra hours for staff to ensure we could support families who now needed our help more than ever.

This enabled us to continue with our emergency support programme throughout all lockdowns when many organisations were still providing little or no support. In light of the increased risks children and young people faced during the lockdown periods, we regularly reviewed our Covid-19 Addendum to our Safeguarding policy to enable us to deliver our work through face to face, telephone, text and video conferencing. CHEXS also updated several risk assessments and enhanced equipment / materials to support staff, volunteers, and beneficiaries to adapt to new and future working practices have been put in place. CHEXS continues to work closely to Government guidelines and to canvass both staff and Trustees in their implementation of Covid-19 responses.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

Structure, governance and management

On 01 October 2013 all the assets and liabilities of the unincorporated charity (Cheshunt Extended Services - charity number (1139435), that existed previously were transferred the charitable incorporated organisation.

The trustees who served during the year and up to the date of signature of the financial statements were:

A. Gorton
S. Farmer
D. Hewitt
L. Britten (resigned 21 July 2020)
P. Seeby
S. Goldsmith
L. Alum
B. Booth
C. Bakalis
K. Laffar
C. Angeli (appointed 26 November 2020)

CHEXS openly invites all community members via the CHEXS website, mailing circulation, social media and word of mouth to put themselves forward for election to the CHEXS Trust Board by completing the nomination form.

When a position becomes available the board of Trustees create a Trustee advert outlining the roles & responsibilities required with a closing date. When potential candidates are identified the board undertake a skills audit of the nominations and invite all potential trustees to meet the board before decisions about appointment to the CHEXS Trustees Board are made.

The maximum length of appointment is for 3 full terms (9 years).

Frequency of meetings

4 Full Trustee Meetings (including AGM) plus 3 Sub Group meetings.

The group may choose to call extraordinary meetings to consider issues and action outside the normal cycle of meetings (or where an urgent response is required). The time of the meetings will also be rotated to give equal opportunity for members to attend. A timed agenda will be provided.

All Charity Commission requirements are over seen by the Treasurer. The Board of Trustees delegate CHEXS requirements that need to be submitted to the CHEXS CEO and/or Office Manager.

In addition to the Trustee Meetings, the Trustees have active involvement with the development and monitoring of the charity Strategic Plan. See below for what is covered.

Strategic Plan Delivery Model - We have 3 key strategies

- 1. Growth** - Will enable us to have a strategy to essential ensure the growth and sustainability of CHEXS.
- 2. Marketing** – Will enable us to reach more beneficiaries and stakeholders and generate more income to support our mission.
- 3. Services** – Are important because it is at the heart of our practice and keeping the charity focused ensuring that every penny helps support the charities mission, values and vision.

The plan is managed by a small Steering Group” appointed by “the CEO. The group consist of a number of “active” Trustees together with a senior member of staff. The groups remit is to provide governance to ensure that the plan is delivered on time and to agreed specification and budgets. The group meet 4 times a year and is chaired by the CEO.

The methodology of the group is to review, support and challenge the delivery of each outcome within the plan using the “traffic light” reports method.

CHEXS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

Management, Sponsorship and Reporting

The strategic plan is reviewed to distinguish between those key deliverables that are a challenge but just need to be done (e.g. Recruitment) and those that are in effect stand-alone projects. Each Outcome has a project manager (PM) who is a member of staff whose day-job is closest to the specific outcome. The PM then requests the part time support of a small number of staff to form a Natural Work Team (NWT). The NWT consists of a team of individuals who work together or work in complementary roles to complete a task:

The role of the NWT is to:

- Define the outcome (add detail to the existing headline)
- Set out projects/services (linked to the outcome), timelines, key performance indicators
- Deliver the projects/services to achieve the outcome
- Review and report upon the outcomes

Each strategy is sponsored by a member of the Board of Trustees (Trustee Champion). The role of the sponsor is to support the NWT calling upon their experience and knowledge, to praise the NWT and to challenge to ensure delivery.

Each sponsor will agree with their NWT a termly traffic light report that will be made available to the Steering Group.

Traffic Lights (also known as a RAG report)

- Red Outcome: not achieving KPI's needs significant support
- Amber Outcome: achieving most KPI's but needs to focus on one or more
- Green Outcome: achieving all KPI's
- Blue Outcome: over-achieving – celebrate success

Each Trustee Champion then report back to the full Trustees meetings on all progress/developments.

Strategic Aim - Ensure the Charity is sustainable, appropriately resourced, and has the broadest strategic choice to best enable achievement of its vision.

Fund Development Objectives

1. Recruit additional stakeholders to fund our increased services to our beneficiaries
2. Maintain existing levels of trust & Foundations incomes
3. CHEXS Community Events
4. Corporates (sponsorship of annual event)
5. Develop corporate donor relationships to support CHEXS mission
6. Develop a major donor relationship to support CHEXS mission
7. Develop an individual committed giving
8. Develop a legacy programme, securing five pledges

Strong leadership from the Chair, Board of Trustees and CEO provides direction and motivation. The CEO provides front line leadership and support to staff, with regular training and support meetings to ensure all staff/volunteers are monitored and have the opportunity to develop the skills they need.

CHEXS Trustees have an array of qualifications and experience obtained from various personal and working environments.

CHEXS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

CHEXS has 10 trustees and a patron these are as follows:

Patron: Charles Walker, Patron – MP Broxbourne

Trustees

- Tony Gorton, Chairperson – Primary Religious Education Advisor (Diocese of Westminster) 3rd Term 2019 – 2022
- Dave Hewitt, Trustee – County Councillor Member for Cheshunt Central – 3rd Term 2019 – 2022
- Sheila Farmer, Trustee - Leader of Waltham Cross Over 60's Club – 3rd Term 2019 – 2022
- Elizabeth Allum – (Vice Chair & Safeguarding Trustee) SENCO Goffs Churchgate Secondary School – 2nd Term 2019 – 2022
- Paul Seeby Trustee – (Deputy Safeguarding Trustee) Broxbourne Borough Councillor – 2nd Term 2019 – 2022
- Sarah Goldsmith, Trustee – Headteacher Downfield Primary School – 2nd Term 2019 – 2022
- Ben Booth, Trustee (Treasurer) – Business 1st Term March 2019 – 2022
- Kerry Laffar Trustee – Beneficiary 1st Term March 2019 – 2022
- Chris Bakalis – Young Person 1st Term March 2019 – 2022
- Charlotte Angeli – Headteacher Holdbrook Primary School – 1st Term 2020 – 2023

The Trustees, though the involvement of their local knowledge and experience see the benefits of the work being performed and are able to engage with the organisation as to the effectiveness of the delivery of the support. The Trustees have regular communication with senior management and those responsible for delivery to understand the work being done, the effectiveness of the work and its delivery and its impact on the children and adults being supported.

The trustees' report was approved by the Board of Trustees.



A Gorton
Trustee

Dated: 29 October 2021

CHEXS

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 AUGUST 2021

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

CHEXS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CHEXS

I report to the trustees on my examination of the financial statements of CHEXS (the charity) for the year ended 31 August 2021.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

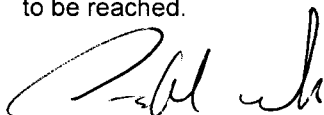
Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



John Wilson FCA ATII

Howard Wilson Chartered Accountants
36 Crown Rise
Watford
Hertfordshire
WD25 0NE

Dated: 29 October 2021

CHEXS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 AUGUST 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Income from:							
Voluntary income including donations and legacies	3	12,943	-	12,943	8,337	-	8,337
Income from charitable activities	4	151,539	179,745	331,284	184,228	144,467	328,695
Total income		<u>164,482</u>	<u>179,745</u>	<u>344,227</u>	<u>192,565</u>	<u>144,467</u>	<u>337,032</u>
Expenditure on:							
Raising funds	5	5,230	-	5,230	1,743	-	1,743
Charitable activities	6	119,230	186,663	305,893	142,686	116,763	259,449
Total resources expended		<u>124,460</u>	<u>186,663</u>	<u>311,123</u>	<u>144,429</u>	<u>116,763</u>	<u>261,192</u>
Gross transfers between funds		-	-	-	(1,782)	1,782	-
Net income/(expenditure) for the year/							
Net movement in funds		40,022	(6,918)	33,104	46,354	29,486	75,840
Fund balances at 1 September 2020		<u>51,097</u>	<u>51,900</u>	<u>102,997</u>	<u>4,743</u>	<u>22,414</u>	<u>27,157</u>
Fund balances at 31 August 2021		<u><u>91,119</u></u>	<u><u>44,982</u></u>	<u><u>136,101</u></u>	<u><u>51,097</u></u>	<u><u>51,900</u></u>	<u><u>102,997</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

CHEXS

BALANCE SHEET

AS AT 31 AUGUST 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	10		-		7,161
Current assets					
Debtors	11	44,600		68,910	
Cash at bank and in hand		186,596		137,056	
		231,196		205,966	
Creditors: amounts falling due within one year	12	(95,095)		(110,130)	
Net current assets			136,101		95,836
Total assets less current liabilities			136,101		102,997
Income funds					
Restricted funds	13		44,982		51,900
<u>Unrestricted funds</u>					
Designated funds	14	30,000		21,000	
General unrestricted funds		61,119		30,097	
			91,119		51,097
			136,101		102,997

The financial statements were approved by the Trustees on 29 October 2021



A Gorton
Trustee

CHEXS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2021

1 Accounting policies

Charity information

CHEXS is an unincorporated charity.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, despite the ongoing and potential effects of COVID-19, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The trustees continue to adopt the going concern basis of accounting in preparing the financial statements and no adjustments to the results or the carrying values declared in these financial statements are required, and none have been made.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts. Expenditure meeting the criteria as set is allocated against the specific reserve in the year it is incurred.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1.5 Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis inclusive of VAT.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Motor vehicles	25% straight line
----------------	-------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.12 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

3 Voluntary income including donations and legacies

	Unrestricted funds	Unrestricted funds
	2021 £	2020 £
Donations and gifts	12,943	8,337

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

4 Income from charitable activities

	2021 £	2020 £
Membership income	44,885	42,698
Project income	87,711	91,130
Grants receivable	198,688	194,867
	<u>331,284</u>	<u>328,695</u>
Analysis by fund		
Unrestricted funds	151,539	
Restricted funds	179,745	
	<u>331,284</u>	
For the year ended 31 August 2020		
Unrestricted funds		184,228
Restricted funds		144,467
		<u>328,695</u>
Grants receivable		
Children in Need	83,054	26,762
National Lottery Reaching Communities	50,430	81,032
Citizens Advice Bureau Broxbourne	-	25,866
Hertfordshire Community Foundation	9,961	14,707
Garfield Weston	-	25,000
B3 Living	-	5,900
Locality Budget Grants	3,500	9,700
Masonic Charitable Trust	5,000	5,000
Henry Smith Charity	36,300	-
Marriots School	3,743	-
Other	6,700	900
	<u>198,688</u>	<u>194,867</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

5 Raising funds

	Unrestricted funds	Total
	2021	2020
	£	£
<u>Community fundraising, events and sponsorship</u>		
Advertising	5,230	1,743
	<u>5,230</u>	<u>1,743</u>

6 Charitable activities

	2021	2020
	£	£
Staff costs	247,554	196,756
Depreciation and impairment	7,162	13,252
Project costs	8,902	24,127
Staff training	7,946	5,898
Insurance	5,680	2,051
Office costs	10,388	6,586
Motor & Travel costs	4,626	2,689
Professional fees	360	360
Sundry expenses	1,069	1,319
Bank charges	53	62
Governance costs	1,200	1,199
Venue costs	6,326	5,150
Grant funding of activities (see note 7)	4,627	-
	<u>305,893</u>	<u>259,449</u>

Governance costs comprise fees paid to independent examiner's of £1,200 (2020 - £1,199).

7 Grants payable

	Educational and extended services	2020
	2021	
	£	£
Grants to individuals	4,627	-
	<u>4,627</u>	<u>-</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

7 Grants payable

(Continued)

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

9 Employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
	10	7
	<u> </u>	<u> </u>
Employment costs	2021 £	2020 £
Wages and salaries	223,096	176,252
Social security costs	13,244	11,290
Other pension costs	11,214	9,214
	<u>247,554</u>	<u>196,756</u>

10 Tangible fixed assets

	Motor vehicles £
Cost	
Additions	53,006
At 31 August 2021	<u>53,006</u>
Depreciation and impairment	
At 1 September 2020	45,844
Depreciation charged in the year	7,162
At 31 August 2021	<u>53,006</u>
Carrying amount	
At 31 August 2021	-
At 31 August 2020	<u>7,161</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2021

11 Debtors

	2021 £	2020 £
Amounts falling due within one year:		
Other debtors	40,646	64,534
Prepayments and accrued income	3,954	4,376
	<u>44,600</u>	<u>68,910</u>

12 Creditors: amounts falling due within one year

	Notes	2021 £	2020 £
Deferred income		83,364	94,518
Other creditors		31	3,098
Accruals and deferred income		11,700	12,514
		<u>95,095</u>	<u>110,130</u>

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 September 2019 £	Movement in funds			Transfers	Balance at 1 September 2020 £	Movement in funds			Balance at 31 August 2021 £
		Incoming resources £	Resources expended £				Incoming resources £	Resources expended £		
Awards for All (Big Lottery)	-	-	-	-	-	-	9,854	(904)	-	8,950
Leathersellers Company Charitable Fund	2,000	-	(2,000)	-	-	-	-	-	-	-
CTA UK LTD	20,414	-	(13,252)	-	-	7,162	-	(7,162)	-	-
Lottery Community Fund (Broxbourne Better Futures)	-	25,866	(27,648)	1,782	-	-	-	-	-	-
CAB	-	-	-	-	-	-	36,300	(33,275)	-	3,025
Henry Smith Charity	-	-	-	-	-	-	9,961	(8,661)	-	1,300
Hertfordshire Community Foundation	-	-	-	-	-	-	-	(4,000)	-	-
B3 Living	-	5,000	(1,000)	-	-	4,000	-	-	-	-
Children in Need - After School Programme	-	26,763	(21,007)	-	-	5,756	26,895	(26,654)	-	5,997
Children in Need - School Holiday Programme	-	2,900	(2,900)	-	-	-	56,159	(47,354)	-	8,805
Covid 19	-	43,963	(25,647)	-	-	18,316	-	(18,316)	-	-
Reaching Communities	-	39,975	(23,309)	-	-	16,666	40,576	(40,337)	-	16,905
	22,414	144,467	(116,763)	1,782	-	51,900	179,745	(186,663)	-	44,982

CHEXS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2021

14 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 September 2019 £	Transfers £	Balance at 1 September 2020 £	Transfers £	Balance at 31 August 2021 £
Contingency Fund	11,000	10,000	21,000	9,000	30,000
	<u>11,000</u>	<u>10,000</u>	<u>21,000</u>	<u>9,000</u>	<u>30,000</u>

The contingency fund was set up in order to provide funds to cover for any unexpected expenditure that the charity should face, as well as provide a fund towards redundancy should the charity have to reconsider its operations, subject to funding.

15 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 31 August 2021 are represented by:			
Current assets/(liabilities)	136,101	-	136,101
	<u>136,101</u>	<u>-</u>	<u>136,101</u>

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 31 August 2020 are represented by:			
Tangible assets	-	20,413	20,413
Current assets/(liabilities)	4,743	2,001	6,744
	<u>4,743</u>	<u>22,414</u>	<u>27,157</u>

16 Related party transactions

There were no disclosable related party transactions during the year (2020 - none).