Charity registration number 1153769

# CHEXS ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2022

# LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	A Gorton S Farmer D Hewitt P Seeby S Goldsmith L Alum B Booth C Angeli K Laffar
Patron	Sir Charles Walker KBE MP for Broxbourne
CEO	P Maiden
Charity number	1153769
Principal address	CVSBEH Community Skills Hub 59 High Street Waltham Cross Hertfordshire EN8 7JU
Independent examiner	John Wilson FCA ATII Howard Wilson Chartered Accountants 36 Crown Rise Watford Hertfordshire WD25 0NE

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#### **CHAIRPERSON FOREWORD**

Just two years ago, I composed a foreword for the CHEXS Annual Review Report in which the word 'unprecedented' was referred to in terms of the numerous challenges being presented by the global COVID pandemic which was at its height; this foreword outlined and celebrated the work of CHEXS in successfully overcoming these challenges despite the various difficulties presented. This ongoing (and often innovative) work subsequently ensured that the essential support and provision for local families for which CHEXS has become known during the last few years continued apace; indeed, this support was further extended to reach out to particularly vulnerable members of our local community at this incredibly difficult time.

Well, 'fast-forward' 24 months and once again we are faced with challenges which, whilst not 'unprecedented', are certainly causing great concern for so many members of our community. The 'cost-of-living crisis' that we refer to here is a 'real and lived' concern for an increasing number of families; the word 'crisis' is not used lightly in this case.

However, based on its recent track record, the Trustees are confident that our wonderful CHEXS team will continue to 'weave their magic' as they go above and beyond the call of duty on a daily basis. The foresight of our CEO has ensured that the team has recently been expanded (a testament to its success, both in terms of outcomes and financial stability) to enable more support to be provided to those in need, support which is becoming ever more extensive thanks to the increasing skill-set of the CHEXS Team.

An oft-used phrase following the global pandemic is 'the new normal'...but surely 'normal' is a limiting term, meaning that the infinite potential of both the individual and society as a collective will never be truly realised, that it is fine just to be 'accepting' of the current situation. Well, from CHEXS' perspective, and as outlined in our 'Five Key Outcomes', this is certainly not acceptable. Hence, it is with a sense of renewed focus and hope that we look forward to the ongoing success of CHEXS, success which can be demonstrated by data/figures, but more importantly through outcomes that may not be immediately quantifiable but have an immeasurable impact long into the future.

Through reading this report you will certainly gain a sense of this long-term vision and the aspirations that CHEXS has for all members of our community...happy reading!

A Gorton Chairperson

Dated: 16 November 2022

# TRUSTEES' REPORT FOR THE YEAR ENDED 31 AUGUST 2022

The trustees present their annual report and financial statements for the year ended 31 August 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 2 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

#### Cost of Living Crisis

The sheer scale of the cost of living crisis can feel overwhelming. As a charity, we have supported local families for the last 12 years, many of whom have needed face-to-face interaction with a smile and reassuring presence to help them deal with the causes of their stress and anxiety triggers. We are now faced with a 64% increase in adult referrals, from this year's data, with 30% being from households we historically would not have worked with.

This is on top of the 345 children and young people involved in the CHEXS GROWTH program with equal numbers predicted for the next financial year. All these children and young people have so much potential to reach their goals but just need a helping hand - if they don't get this help, would they still reach those goals?

To feel a little daunted would be an understatement, especially following what CHEXS has achieved through the pandemic.

#### How can we possibly do this?

We are fortunate to have a supportive trustee board, an incredibly dedicated, passionate, and enthusiastic team, incredible stakeholder schools, partners, and amazing volunteers who have a like-minded value - we care. We are confident together we can make headway into this crisis by being here and doing what we do best, caring for and looking out for people who need a helping hand.

Staff wellbeing is, and will always be our priority. How can we expect to support families in the community if we cannot truly support our staff and volunteers' wellbeing? This balance will continue to be a challenge however I know with open and honest communication within the team CHEXS will continue supporting families in the community for the foreseeable future.

One of the highlights of the year, especially after the pandemic restrictions, was being able to re-establish our 2 fantastic community days. These events help bring our local communities together interacting in person and putting a smile on everyone's face. We look forward to planning more community occasions in the coming year.

CHEXS continues to be a vehicle for helping bring people together. Together we can do so much more!

#### Who are CHEXS and what do we do?

We'd like to begin with a reminder about our work. CHEXS is an award-winning youth and family support charity working in and around Waltham Cross, Hertfordshire, which includes some of England's 10% most deprived areas for children to grow up.

We work with disadvantaged and underperforming school-age children, and their families. We raise young people's self-esteem, skills, wellbeing, and aspirations, and address the issues stopping them from achieving their potential.

A key reason for our success is that we help the whole family address the issues underlying a young person's challenges. Through this approach, we not only directly support the young person, but also raise parents' ability to communicate with their children, improve family relationships and support child development.

#### FOR THE YEAR ENDED 31 AUGUST 2022

Young people are referred to us by 13 primary schools and 2 secondary schools. They refer young people to us if the young person is from a disadvantaged background, and they are experiencing wellbeing, confidence or behavioural challenges that are stopping them achieving their potential.

- 1 We provide young people with a structured programme of outdoor learning called Growth, which includes creative work, mentoring and a community project. Our programme builds their self-esteem by helping them succeed outside the traditional classroom environment.
- 2 We help young people who are engaging in risky behaviours, such as drugs, alcohol, and sex to make positive choices to keep themselves safe.
- 3 We help parents to resolve financial and mental health challenges which maybe impacting their children, and work with them to develop positive parenting skills.
- 4 We support parents and young people to work alongside each other, delivering positive projects that strengthen their relationships and enhance our community.

Whilst the support received from schools contributes towards some of the work performed within schools, we need to continue to fundraise for our out-of-school activities supporting disadvantaged young people and for our work with families. This unfunded work typically makes up 75% of our annual budget.

#### CHEXS Updated Strategic Plan 2022 – 2026

We conducted a review of CHEXS' Vision, Mission, Values, and 5 strategic outcomes with a focus day conducted on Friday 20th May 2022 to consolidate the findings. The Charity Trustees and the senior leadership team identified CHEXS' desired long-term goals and worked back from these to identify the pathways we needed to follow to reach them. All the related engagement opportunities were mapped (in this case programs, projects, interventions and change initiatives) as well as the desired outcomes to create the pathway.

CHEXS' updated Vision, Mission, Values, and 5 Strategic Outcomes:

#### Vision

Our whole family approach is embedded in the local community, bringing both parents and young people together to support and inspire each other.

Updated Mission Note - We have created two missions to reflect the two areas of home /school support:

#### Family Support Mission

Our support helps parents develop stronger family relationships by creating opportunities to improve parenting confidence. We focus on promoting an environment of trust and open communication, enabling parents to support their child(ren)'s growth, confidence and ultimately their individual goals.

#### Young People Support Mission

Our approach creates a trusting and honest environment to inspire the next generation by providing projects to challenge and promote growth. Our programme creates goal-driven experiences with clear expectations to build resilience and self-esteem whilst improving wellbeing.

#### TRUSTEES' REPORT (CONTINUED)

#### FOR THE YEAR ENDED 31 AUGUST 2022

#### Values:

#### Community -

We aim to create a united community working together to improve our local area.

#### Homes -

Working with families to build a happier home life with improved communication and relationships.

#### **Enrichments** -

We engage children and young people in positive activities, giving them the opportunity to raise self-esteem, improve relationships and develop life skills.

#### Xtra-mile -

We always endeavour to go above and beyond to support families.

#### Support -

CHEXS provides a dedicated, enthusiastic, professional and inclusive support service for all families in the local community.

#### 5 Strategic Outcomes:

- 1 To enable parents including those from deprived and vulnerable families to develop their skills and confidence, to build a happy home.
- 2 To enable parents to have improved skills to manage behaviour and support learning. Resulting in better relationships with children.
- 3 To enable children to develop skills and improve relationships, to build resilience and self-esteem whilst improving wellbeing.
- 4 To enable our community to work together with a sense of belief and ownership tackling local issues and improving community relationships.
- 5 To enable the Charity to be governed and sustainably resourced with the broadest strategic choice to best enable the achievement of its vision.

# Achievements and performance - A summary of what CHEXS has achieved September 2021 – August 2022

We are extremely grateful to our stakeholders, key partner agencies and trusts and foundation that have supported CHEXS, over the last 12 months we have:

CHEXS continues to be grateful for the support over the last year received over the last year.

1 CHEXS' whole family approach has supported during the last year **353 disadvantaged and underperforming school-age children**, to build their aspirations, self-esteem and well-being with services including. The team has also worked with **138 disadvantaged families**, helping parents improve family relationships, manage their children's behaviour and communicate more effectively, including through lockdown.

The team has also supported and worked with:

- a Providing after-school and holiday support to 185 disadvantaged young people, helping to build their aspirations, self-esteem and wellbeing.
- b Providing one to one and small group coaching to 117 children and young people.
- c Issued 126 foodbank vouchers to families.
- d Secured emergency funding to help 93 destitute families keep their energy supply.
- e 383 professionals have received training including children's safeguarding, workshops to raise awareness around Prevent (WRAP), internet safety and paediatric first aid.
- f Run 25 community social sessions for isolated community members.

#### FOR THE YEAR ENDED 31 AUGUST 2022

All families supported had children struggling to achieve their potential due to family challenges. All families supported were extremely grateful for the help your grant funded:

- "Thank you so much, you have been amazing. I can feel I have someone who really understands and wants to help me!"
- "My relationship with Dad has improved; you've given me the confidence to communicate so much better with him. Speaking to you on a regular basis has helped my mental health"
- "I usually lack confidence but going to CHEXS helped my confidence and helped me work with a team"

#### The impact of Covid-19 on our children and families

The legacy of Covid-19 continues to be extremely tough on the disadvantaged families and young people we support and the cost of living crisis is making things works. Our families are struggling to feed their children and pay their bills, which raises stress levels and causes family tensions.

#### The families and young people we support face the following challenges:

Almost all children we support are entitled to free school meals and parents are now finding affording food very challenging. On average, in England 22% of children have free school meals, but in one of our partner schools the proportion is 58%, in another it is 35%. The number of children receiving free school meals has increased by 9% in our area.

Many of our families are in low paid jobs and, with energy bills increasing, are now seriously struggling to manage week by week.

Many have challenging inter-family relationships made worse by living in cramped flats/houses. The increase in tensions and anxieties during the pandemic continue to have a negative impact on parents' and children's mental health, many are desperate for help.

Children and young people from our families are experiencing higher levels of anxiety, some are refusing to attend school, and others are struggling with exams after a long break.

We have been able to respond to an increased demand for support around emotional and financial concerns, without which family relationships would have got even worse, damaging the emotional wellbeing of the whole family. Comments received from families include:

- "This short time I have worked with you has been so good. You are like family to me and being able to speak has been a blessing. I have liked working with you, thank you for all your help and advice."
- "Thank you for all your support and help, it means a lot when I know I can pick up the phone to you."
- "I'm more open to take a breath and listen to my children now since working with you. Thank you for all the help!"

#### How CHEXS responded to the increased demand over the last 12 months

We were able to support families through the legacy of Covid, as children returned to normal school patterns. Our Family Support Service ensured a higher number of families received support, many parents were anxious about the return and needed support and guidance to alleviate stress. Children and young people also exhibited an increase in anxieties and behavioural concerns.

#### Key achievements have been:

- We responded to a significant increase in referrals from partners with the most common issues affecting children being anxiety, poor mental health, and poor behaviour. We also saw a rise in young people questioning their sexuality.
- We have provided parents with 1-2-1, face-to-face emotional and practical support in neutral venues, such as local coffee shops and through home visits.

#### FOR THE YEAR ENDED 31 AUGUST 2022

#### Key achievements have been (continued):

- We provided easy to access, online support through Facebook which includes, parenting tips, blogs and workshop updates. Ensuring all community have access to information and support: https://www.chexs.co.uk/category/family-support/
- The Family Support Team helped issue 98 food shopping vouchers and handed out 128 foodbank vouchers.
- We secured emergency funding to help 31 families, who are on energy key meters and couldn't afford the top-up payments, keep their power on.
- We helped some parents by meeting them in local shops to top up their utility cards/keys.
- Our FSL delivered Boundaries, Routines and Behaviour workshops to 19 parents and we have been delivering Anxiety and My Child workshops in local Schools throughout the Summer Term to help parents address their children's poor mental health.
- We have set up a Parent Champion network, to enable parents and carers to give their views on how our services should be delivered and inform practice for the forthcoming year.
- We are now supporting parents to co-produce events, so they take ownership of family sessions; the Parent Champion networks will play a key role in these in the next academic year.
- To ensure we listen to our families and provide appropriate support, we conducted face-to-face consultations with 175 parents, the results were:
  - 90% know who CHEXS are and the services we provide
  - 247 have attended parenting workshops
  - We asked parents to tell us what future parent workshops they would like, the top three are:
    - a. Understanding children with SEN behaviour
    - b. How to support children in making friendships
    - c. Bullying
- We have delivered the GROWTH project to 211 children and young people. This is a 30 day structured programme of goal-driven, outdoor learning to disadvantaged young people not achieving their potential.
- We engaged and supported 132 children in the CHEXS Afterschool Leadership project
- Children engaged in the GROWTH programme also took part in the CHEXS Holiday Programmes.
- Young people who engage in risky behaviours were engaged in the My Life projects aimed at increasing their awareness of the dangers of modern world and how their actions can impact on their future.
- CHEXS supported 23 vulnerable children to transition into secondary school.
- Families of children & young people engaged in GROWTH were offered support from CHEXS Family Support Service with 26 accepting intensive support.
- 13 Community volunteering opportunities are offered to young people & family members building family relationships and community ownership.
- Universal support was given to 90 children via internet safety and aspirational talks.

Further consultation with parents and stakeholders is on-going at present to ensure we understand emerging needs, particularly around the current climate of fuel and economic poverty.

During face-to-face consultations, one parent told us how support from CHEXS a few years ago had helped transform her future and provide a higher income for her family:

"It is thanks to you that I now have my own business. I did a cake decorating course with CHEXS and loved it. When it ended, I enrolled in a local college and did a four-year course, gained qualifications and set up my own business which has continued to thrive. Thank you CHEXS for giving me the confidence to do this!"

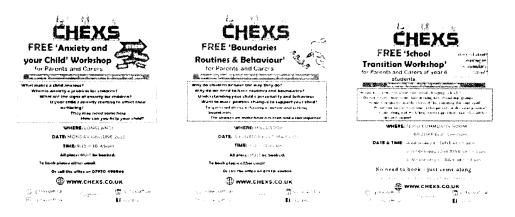
#### FOR THE YEAR ENDED 31 AUGUST 2022

#### Outcomes

More often than not, the challenges faced by the young people we work with are related to issues at home. Therefore, to help young people achieve their potential in life, we provide holistic support to the whole family. The outcomes below have been achieved through self-assessed questionnaires from 90 parents and 332 children and young people.

#### Outcomes achieved by parents

- Our Family Support Service provides one-to-one support, helping parents access support to tackle the underlying issues causing family tensions, such as parental mental health problems and poverty.
  - We also provide one-to-one support and workshops to help parents:
    - Communicate effectively with their children
    - Strengthen family relationships
    - Manage difficult behaviour
    - Support their children's learning



We worked intensively with parents from 100 families. Evaluation undertaken with parents supported this year shows that 88% of the parents we supported improved their parenting skills, 87% can now communicate better with their children, and we helped 81% resolve family problems that were increasing tensions at home, such as helping to resolve practical issues such as debt and housing.

These results are shown in the chart below:

#### Outcomes reported by parents

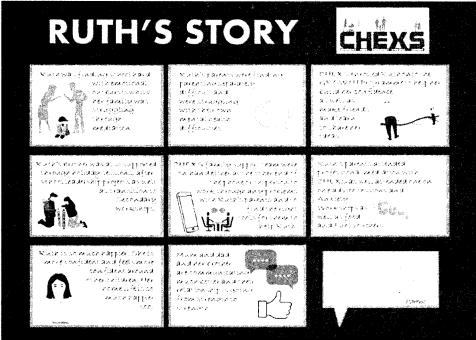
Communication with my child has improved	87%
I am more confident that I know what to do as a parent (improved my skills)	88%
My relationship with my children has improved	82%
I can find better ways to cope with my child/children's behaviour	83%
I am more effective at supporting my child/children with their learning	59%
CHEXS helped me to access the support that we needed as a family such as debt or housing advice, parenting courses and SEND	81%
I have felt supported during the process of working with CHEXS	97%

#### FOR THE YEAR ENDED 31 AUGUST 2022

#### **Outcomes achieved by Children and Young People**

- 94% primary and 90% secondary (93% overall) said they felt good about themselves (raised self esteem)
- 90% primary and 95% secondary (92% overall) said were more confident
- 80% primary and 84% secondary (81% overall) said they had better goals/aspirations now
- 90% primary and 71% secondary (84% overall) said they were following school rules & expectations better now
- 79% primary and 69% secondary (76% overall) said they were getting on better with their school work now
- 80% primary and 82% secondary (81% overall) said their behaviour at home is better now
- 87% primary and 93% secondary (89% overall) said their communication skills have improved
- 85% primary and 90% secondary (87% overall) said they had improved problem solving skills
- 86% primary and 86% secondary (86% overall) said they had improved leadership skills
- 87% primary and 91% secondary (88% overall) said they felt proud of the things they do
- 77% primary and 78% secondary (78% overall) said they were able to deal with their emotions and feelings better now
- 81% primary and 83% secondary (82% overall) said they were more resilient and able to cope with life's problems now
- 94% primary and 98% secondary (95% overall) said they had improved team working skills
- 86% primary and 89% secondary (87% overall) said they had improved working on my own
- 87% primary and 89% secondary (88% overall) said they got on better with their friends now
- 81% primary and 84% secondary (83% overall) said they felt listened to
- 90% primary and 88% secondary (89% overall) said they felt got on well with their family now
- 90% primary and 88% secondary (90% overall) said they felt good about life

#### Case study



#### FOR THE YEAR ENDED 31 AUGUST 2022

#### QUOTES FROM SCHOOLS

Alongside capturing outcomes data and case studies from parents, we also ask schools making referrals to provide feedback:

- Thank you for taking the time to attend our parents evening this week. It's so clear to families that you are both part of the Holdbrook team and I know they will be more comfortable talking to you and accepting the help that so many of them need."
- "I have always found the staff to have a caring and friendly attitude and are always willing to go the extra mile for our staff and community. They really work hard with the children and families and make a huge difference to their lives."
- "Thanks so very much for all you are continuing to do for our parents. You are brilliant and Your work is much appreciated."
- "For St Joseph's, CHEXS is an additional team member/s. All are fully committed to giving our children the best experience possible. This year so many of our children and families gave gained support from: mentoring, projects, workshops, parent support and more that probably can't be said. More and more parents and therefore families are supported by Lee, that can be at varying levels, parents feel so supported by Lee that they will often inform me second as Lee has usually dealt with it. Our families feel supported and able to then feel strong enough to act alone in trusting in the advice and support."

#### Continuing to support disadvantaged families in and around Waltham Cross.

This continues to be a very tough year -- for our families and our Family Support Lead.

We're proud to have continued to support all our referred children and families through the crisis and believe we have helped mitigate the worst impact and legacy of Covid-19 on some of the most disadvantaged children in our community.

Looking to the future, our priority is to continue to identify and support families who suffered significantly during the Covid-19 pandemic and will struggle to achieve their potential in the coming months. We continue to expect to receive higher numbers of referrals.

We secured extra funding to help with our response to the pandemic in 2020/21. The challenge going forwards is sustaining our activities, as the long-term impact of Covid-19 on disadvantaged families is combined with the cost of living crisis.

The percentage of the unique individuals that we support today are from communities or groups of people severely impacted by the pandemic that we did not support before: 30% - many extra families we are supporting are from a new demographic; they're employed but on low incomes/insecure employment.

High rates of covid positive testing and school closures have forced parents to take extra time off work. This has reduced their incomes to the level that they struggle to meet mortgage/rent payments and often need help from foodbanks, it has also significantly inflamed family tensions. Cost pressures (e.g. energy bills) are making this worse. We will use your grant to help disadvantaged families in the Waltham Cross area with underperforming school-age children and multiple needs. These include low incomes, insecure employment, poor parental mental health, and family relationship challenges. The needs of our families/young people increased dramatically during Covid, as has the support we provide. We now support many more families annually.

We will develop and grow our Parent and Children/Young People Champions to become an integral part of planning services throughout the Community.

#### FOR THE YEAR ENDED 31 AUGUST 2022

They will develop and co-produce peer support groups to help parents, families, children and young people to build their confidence and coping strategies. They will also support our community days and deliver activities including:

- Consulting members of the public
- Setting up community events
- Taking ownership of craft sessions
- Support our holiday sessions

They will develop celebration events for families to share their success stories and encourage others to undertake similar journeys. They'll form a Steering Groups to help CHEXS identify and address emerging needs, especially from the autumn onwards as energy prices increase yet again and the anxieties for children and young people returning to school increase.

#### **Community Events**

Throughout the year we hold events that encompass the whole community and engage the families in activities that build relationships and are affordable for those that struggle financially. We also support our partners such as housing associations and the local borough council to ensure that our services are accessible to anyone who may find themselves in a time of need. In the summer we held pop-up events in the local parks to give children and young people a place to drop by and see the team whilst having some fun with the free activities and games.

One of this years highlights was the re-establishment our fantastic community days. We were able to hold 2 days during the year. These events help bring our local communities together interacting in person and putting a smile on everyone's face.

#### CHEXS Family Easter Egg Hunt Day at Cedars Park - Saturday 2nd April 2022.

This event saw over 1,000 people attend, with people coming from right across local area. We were also delighted to report that our annual Easter Hunt fundraising event at Cedars Park this year raised an amazing £2,500 for CHEXS.

It was a fantastic day and great to see so many smiling faces having a great time....

Some lovely messages received....

- "I haven't seen so many happy faces and an overall good feeling at an event in many years."
- "It was so nice to see the local community out enjoying themselves, and was nice to meet so many people at our stall. We had a great amount of custom on the day."
- "To put on an outdoor event at this time of year and get that type of attendance was incredible. But
  perhaps more importantly, it was a super service to provide such a fun day out for families. I'm sure it
  will go down as the best day many enjoy in April and rightly so."

Thank you for your support. The fantastic funds raised at CHEXS Annual Easter hunt fundraising event go straight back into CHEXS to support even more families with workshops, projects, coaching and so much more.

#### CHEXS Family Fun day at Grundy Park - Sunday 10th July 2022

We held our annual Community fun day on 10th July 2022 with everyone we have worked with during the year being invited along to celebrate their achievements with the CHEXS team alongside a growing competition.

This event was a huge success with approximately 1,500 adults and children throughout the community attending. Schools also attended to share the results of our Grow Club; produce was judged by Chris Thorne from Ayletts Nurseries who generously donated seeds for children to grow.

# TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

#### CHEXS Supporting local Housing associations and Broxbourne Council Events

The CHEXS team attended several community events to meet families from the local area to advise them of our the support available for their families. We provided a craft stall and activities to engage with the children and their parents at these events; Catalyst Housing Association at the Russell Ride Estate, B3 Living Housing Association at Slipe Lane Wormley and Broxbourne Council National play day at Cheshunt park.

#### Financial review

CHEXS proactively continues to review income & expenditure with Trustees and other key stakeholders and is constantly looking for new funding streams that can complement the existing ones and also support the projects for the benefit of the stakeholders. This approach ensures CHEXS is continuing to build a sustainable platform to enable the charity to remain pivotal in helping to support and enable families to reach their full potential.

The accounts for the year ended 31 August 2022 show an in-year surplus of £26,900. In the year ended 31 August 2021, there was an in-year surplus of £33,104 which demonstrates the changes that both the Trustees and the executive team are making are continuing to have a positive impact on the finances of the charity.

As a result of the timing differences that occur within the charity sector, there are activities that the charity undertakes whereby the income is received in advance of the expenditure taking place, particularly where projects do not start and finish in accordance with the accounting year. As a consequence, there are some years when the charity will report a surplus followed by a deficit in the next period. It is therefore crucial that the financial health of the charity is considered over a number of periods. The charity continues to enter into projects and expand its base to deliver services to its members and the community but to also increases its reserves to allow this to be sustained in the long term.

#### **Reserves Policy**

The reserves policy of CHEXS is regularly reviewed by the Trustees to ensure that it meets the day-to-day requirements of the organisation. The aim is to ensure the charity has approximately 3 months of operational costs (£90,000) and staff redundancy costs (up to £35,000) and that in the event of the loss of major revenue streams there are adequate reserves to give time to secure alternative income streams and discharge contractual or financial obligations.

In light of the in-year results and the financial commentary provided, the Board considers the year-end unrestricted reserves total (£104,286) to be slightly below the targeted level, however our satisfied that they are able, with the current level, to meet its day-to-day obligations.

#### CHEXS Updated Strategic Plan 2022 – 2026

During the year we conducted a review of CHEXS' Vision, Mission, Values, and 5 strategic outcomes with a focus day conducted on Fri 20th May 22 to consolidate the findings. The Charity Trustees and the senior leadership team identified CHEXS' desired long-term goals and worked back from these to identify the pathways we needed to follow to reach them. All the related engagement opportunities were mapped (in this case programs, projects, interventions and change initiatives) as well as the desired outcomes to create the pathway. The relationships the CHEXS team have developed with the children and families has helped strengthen their ability to support and work with the families involved. The regular CHEXS team check-ins, and build-up of trust has helped them through the legacy of the pandemic.

#### FOR THE YEAR ENDED 31 AUGUST 2022

#### 5 Strategic Outcomes:

- 1 To enable parents including those from deprived and vulnerable families to develop their skills and confidence, to build a happy home.
- 2 To enable parents to have improved skills to manage behaviour and support learning. Resulting in better relationships with children.
- 3 To enable children to develop skills and improve relationships, to build resilience and self-esteem whilst improving wellbeing.
- 4 To enable our community to work together with a sense of belief and ownership tackling local issues and improving community relationships.
- 5 To enable the Charity to be governed and sustainably resourced with the broadest strategic choice to best enable the achievement of its vision.

#### **Investment Powers**

Under the constitution, the charity has the power to make any investment as the Trustees see fit.

#### Statement of compliance with Charity Commission guidance on public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Risk Management**

CHEXS' trustees have assessed the major risks to which the charity is exposed, and are confident that CHEXS Risk Policy & Risk Register make it clear for the board to put the long-term success of our charity at the forefront and meet future objectives with greater certainty - both of which will ensure we continue to support our beneficiaries in the best possible way and keep our stakeholders confident in CHEXS' sustainability and control measures.

#### Structure, governance and management

The charity is registered with the Charity Commission in England and Wales as a Charitable Incorporated Organisation (CIO).

The trustees who served during the year and up to the date of signature of the financial statements were:

- A. Gorton
- S. Farmer
- D. Hewitt
- P. Seeby
- S. Goldsmith
- L. Alum
- B. Booth
- C. Bakalis
- K. Laffar
- C. Angeli

(resigned 22 September 2022)

(appointed 26 November 2020)

CHEXS openly invites all community members via the CHEXS website, mailing circulation, social media, and word of mouth to put themselves forward for election to the CHEXS Trust Board by completing the nomination form.

#### TRUSTEES' REPORT (CONTINUED)

#### FOR THE YEAR ENDED 31 AUGUST 2022

When a position becomes available the Board of Trustees create a trustee advert outlining the roles and responsibilities required with a closing date. When potential candidates are identified the Board undertake a skills audit of the nominations and invite all potential trustees to meet the board before decisions about appointment to the CHEXS Trustees Board are made.

The Board has confirmed and voted that Board Members who have served 3 full terms (9 years) and still have the enthusiasm and skills to continue to develop the charity objectivities are able to apply to be re-elected to the Board.

Frequency of meetings are 4 Full Trustee Meetings (including AGM) plus 3 Subgroup meetings.

The Boardmay choose to call extraordinary meetings to consider issues and action outside the normal cycle of meetings (or where an urgent response is required). The time of the meetings will also be rotated to give equal opportunity for members to attend. A timed agenda will be provided.

All Charity Commission requirements are overseen by the Treasurer. The Board of Trustees delegate CHEXS requirements that need to be submitted to the CHEXS CEO and/or Office Manager.

In addition to the Trustee Meetings, the Trustees have active involvement with the development and monitoring of the charity Strategic Plan. See below for what is covered.

Strategic Plan Delivery Model - We have 3 key strategies:

- 1 Growth Will enable us to have a strategy to essential ensure the growth and sustainability of CHEXS.
- 2 Marketing Will enable us to reach more beneficiaries and stakeholders and generate more income to support our mission.
- 3 Services Are important because it is at the heart of our practice and keeping the charity focused ensuring that every penny helps support the charities mission, values, and vision.

The plan is managed by a small Steering Group" appointed by "the CEO. The group consist of a number of "active" Trustees together with a senior member of staff. The group's remit is to provide governance to ensure that the plan is delivered on time and to agreed specification and budgets. The group meet 4 times a year and is chaired by the CEO.

The methodology of the group is to review, support and challenge the delivery of each outcome within the plan using the "traffic light" reports method.

#### Management, Sponsorship and Reporting

The strategic plan is reviewed to distinguish between those key deliverables that are a challenge but just need to be done (e.g., Recruitment) and those that are in effect stand-alone projects. Each Outcome has a project manager (PM) who is a member of staff whose day-job is closest to the specific outcome. The PM then requests the part time support of a small number of staff to form a Natural Work Team (NWT). The NWT consists of a team of individuals who work together or work in complementary roles to complete a task:

The role of the NWT is to:

- Define the outcome (add detail to the existing headline)
- Set out projects/services (linked to the outcome), timelines, key performance indicators
- Deliver the projects/services to achieve the outcome
- Review and report upon the outcomes

#### FOR THE YEAR ENDED 31 AUGUST 2022

Each strategy is sponsored by a member of the Board of Trustees (Trustee Champion). The role of the sponsor is to support the NWT calling upon their experience and knowledge, to praise the NWT and to challenge to ensure delivery.

Each sponsor will agree with their NWT a termly traffic light report that will be made available to the Steering Group.

Traffic Light Report (also known as a RAG report), has the following outcomes applied:

- Red Outcome: not achieving KPI's needs significant support
- Amber Outcome: achieving most KPI's but needs to focus on one or more
- Green Outcome: achieving all KPI's
- Blue Outcome: over-achieving celebrate success

Each Trustee Champion then report back to the full Trustees meetings on all progress/developments.

Strategic Aim - Ensure the Charity is sustainable, appropriately resourced, and has the broadest strategic choice to best enable achievement of its vision.

Fund Development Objectives

- 1 Recruit additional stakeholders to fund our increased services to our beneficiaries
- 2 Maintain existing levels of Trust & Foundation's incomes
- 3 CHEXS Community Events
- 4 Corporates (sponsorship of annual event)
- 5 Develop corporate donor relationships to support CHEXS mission
- 6 Develop a major donor relationship to support CHEXS mission
- 7 Develop an individual committed giving
- 8 Develop a legacy programme, securing five pledges

Strong leadership from the Chair, Board of Trustees and CEO provides direction and motivation. The CEO provides front line leadership and support to staff, with regular training and support meetings to ensure all staff/ volunteers are monitored and have the opportunity to develop the skills they need.

CHEXS Trustees have an array of qualifications and experience obtained from various personal and working environments.

Involvement of the Trustees and Patron's local knowledge and experience see the benefits of the work being performed and are able to engage with the organisation as to the effectiveness of the delivery of the support. The Trustees have regular communication with senior management and those responsible for delivery to understand the work being done, the effectiveness of the work and its delivery and its impact on the children and adults being supported.

The trustees' report was approved by the Board of Trustees.

A Gorton Trustee Dated: 16 November 2022

#### STATEMENT OF TRUSTEES' RESPONSIBILITIES

#### FOR THE YEAR ENDED 31 AUGUST 2022

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;

- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### INDEPENDENT EXAMINER'S REPORT

#### TO THE TRUSTEES OF CHEXS

I report to the trustees on my examination of the financial statements of CHEXS (the charity) for the year ended 31 August 2022.

#### Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

John Wilson FCA ATII

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Howard Wilson Chartered Accountants 36 Crown Rise Watford Hertfordshire WD25 0NE

Dated: 16 November 2022

# STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

# FOR THE YEAR ENDED 31 AUGUST 2022

Income from:	l Notes	Jnrestricted funds 2022 £	Restricted funds 2022 £	Total U 2022 £	nrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Voluntary income including donations and legacies Income from charitable	3	8,683		8,683	12,943	-	12,943
activities	4	176,423	204,812	381,235	151,539	179,745	331,284
Total income		185,106	204,812	389,918	164,482	179,745	344,227
Expenditure on: Raising funds	5	4,309	-	4,309	5,230	-	5,230
Charitable activities	6	167,630	191,079	358,709	119,230	186,663	305,893
Total expenditure		171,939	191,079	363,018	124,460	186,663	311,123
Net income for the yea Net movement in fund		13,167	13,733	26,900	40,022	(6,918)	33,104
Fund balances at 1 September 2021		91,119	44,982	136,101	51,097	51,900	102,997
Fund balances at 31 A 2022	ugust	104,286	58,715	163,001	91,119	44,982	136,101

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# BALANCE SHEET

# AS AT 31 AUGUST 2022

		202	2	202	1
	Notes	£	£	£	£
Current assets					
Debtors	11	58,452		44,600	
Cash at bank and in hand		196,388		186,596	
		254,840		231,196	
Creditors: amounts falling due within	12	(91,839)		(95,095)	
one year	12	(91,039)		(95,095)	
Net current assets			163,001		136,101
Income funds					
Restricted funds	14		58,715		44,982
Unrestricted funds					
Designated funds	15	30,000		30,000	
General unrestricted funds		74,286		61,119	
			104,286		91,119
			163,001		136,101

The financial statements were approved by the Trustees on 16 November 2022

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A Gorton Trustee

#### **BALANCE SHEET (CONTINUED)**

#### AS AT 31 AUGUST 2022

#### 1 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

#### 2 Accounting policies

#### Charity information

CHEXS is registered with the Charity Commission in England and Wales as a Charitable Incorporated Organisation (CIO).

#### 2.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 2.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 2.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts. Expenditure meeting the criteria as set is allocated against the specific reserve in the year it is incurred.

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#### NOTES TO THE FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED 31 AUGUST 2022

#### 2 Accounting policies

(Continued)

#### 2.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

#### 2.5 Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis inclusive of VAT.

#### 2.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

#### Motor vehicles

25% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 2.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 2.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

# FOR THE YEAR ENDED 31 AUGUST 2022

#### 2 Accounting policies

(Continued)

#### Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### 2.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### 2.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

#### 2.11 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

#### 3 Voluntary income including donations and legacies

	Unrestricted funds	Unrestricted funds
	2022 £	2021 £
Donations and gifts	8,683	12,943

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

#### 4 Income from charitable activities

	2022 £	2021 £
Membership income	44,033	44,885
Project income	91,945	87,711
Grants receivable	245,257	198,688
	381,235	331,284
Analysis by fund		
Unrestricted funds	176,423	
Restricted funds	204,812	
	381,235	
For the year ended 31 August 2021		
Unrestricted funds		151,539
Restricted funds		179,745
		331,284
Grants receivable		
Children in Need	29,737	83,054
National Lottery Reaching Communities	41,184	50,430
Postcode Lottery	23,737	-
Hertfordshire Community Foundation	9,802	9,961
Garfield Weston	25,000	-
Edward Gosling Foundtion	18,872	- 2 500
Locality Budget Grants Broxbourne Borough Council	17,080	3,500
Henry Smith Charity	54,400	- 36,300
Warburtons	10,000	- 30,300
Other	15,445	15,443
	245,257	198,688

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# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

#### 5 Raising funds

	Unrestricted funds	Total
	2022 £	2021 £
Community fundraising, events and sponsorship		
Advertising	4,309	5,230
	4,309	5,230
Charitable activities		
	2022	2021
	£	£
Staff costs	275,834	247,554
Depreciation and impairment	-	7,162
Project costs	24,729	8,902
Staff training	8,107	7,946
Insurance	6,035	5,680
Office costs	13,494	10,388
Motor & Travel costs	3,950	4,626
Professional fees	384	360
Sundry expenses	244	1,069
Bank charges	-	53
Governance costs	1,200	1,200
Venue costs	7,935	6,326
Grant funding of activities (see note 7)	16,797	4,627
	358,709	305,893

Governance costs comprise fees paid to independent examiner's of £1,200 (2021 - £1,200).

#### 7 Grants payable

	Educational and extended services 2022 £	Educational and extended services 2021 £
Grants to individuals	16,797	4,627
	16,797	4,627

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

#### 8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

#### 9 Employees

The average monthly number of employees during the year was:

The average monthly number of employees during the year was.	2022 Number	2021 Number
	12	10
Employment costs	2022	2021
	£	£
Wages and salaries	246,167	223,096
Social security costs	16,675	13,244
Other pension costs	12,992	11,214
	075 004	
	275,834	247,554

There were no employees whose annual remuneration was more than £60,000.

#### 10 Tangible fixed assets

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	Μ	lotor vehicles £
Cost		~
At 1 September 2021		53,006
At 31 August 2022		53,006
Depreciation and impairment		
At 1 September 2021		53,006
At 31 August 2022		53,006
Carrying amount At 31 August 2022		-
Debtors		
	2022	2021
Amounts falling due within one year:	£	£
Other debtors	54,346	40,646
Prepayments and accrued income	4,106	3,954
	58,452	44,600

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

#### 12 Creditors: amounts falling due within one year

			2022	2021
		Notes	£	£
	Deferred income	13	77,987	83,364
	Other creditors		2,152	31
	Accruals and deferred income		11,700	11,700
			91,839	95,095
13	Deferred income			
			2022	2021
			£	£
	Other deferred income		77,987	83,364
	Deferred income is included in the financial statements	as follows:		
			2022	2021
			£	£
	Deferred income is included within:			
	Current liabilities		77,987	83,364
	Movements in the year:		00.004	04 540
	Deferred income at 1 September 2021 Released from previous periods		83,364 (83,364)	94,518
	Resources deferred in the year		77,987	(94,518) 83,364
	Deferred income at 31 August 2022		77,987	83,364

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

# 14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

		<b>Movement in funds</b>	n funds		<b>Movement in funds</b>	n funds	
	Balance at 1 September 2020	Incoming resources	Resources expended	Balance at 1 September 2021	Incoming resources	Resources expended	Balance at 31 August 2022
	લ	¢ł	ίų	сł	ધ	μ	ભ
Awards for All (Big Lottery)	,	9,854	(904)	8,950	·	(8,950)	ı
Postcode Lottery	'	ı	ı	ı	23,737	(6,777)	13,960
Warburtons Grant	,	ı	ı	ı	10,000	(1,666)	8,334
Broxbourne Borough Council	,	,	ı	'	17,080	(16,080)	1,000
CTA UK LTD	7,162	ı	(7,162)	ı	'	ı	ı
Henry Smith COVID-19 Long-term Support	'	'	I	ı	17,500	(5,884)	11,616
Henry Smith Charity - Improving Lives	ı	36,300	(33,275)	3,025	36,900	(36,850)	3,075
Hertfordshire Community Foundation	ı	9,961	(8,661)	1,300	9,802	(11,102)	'
B3 Living	4,000	ı	(4,000)	•	,	ı	ı
Children in Need - After School Programme	5,756	26,895	(26,654)	5,997	28,737	(32,164)	2,570
Children in Need - School Holiday Programme	,	56,159	(47,354)	8,805	ì	(8,805)	ı
Covid 19	18,316	'	(18,316)	,	ı	ı	
Edward Gosling Foundtion	ı	ı	ı	ı	18,872	(18,872)	ı
Lewis Cocking Locality Budget Scheme	ı	'	ı	ı	1,000	ı	1,000
Reaching Communities	16,666	40,576	(40,337)	16,905	41,184	(40,929)	17,160
	51,900	179,745	(186,663)	44,982	204,812	(191,079)	58,715

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2022

#### 15 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

				Movement in funds	
	Balance at 1 September 2020	Transfers	Balance at 1 September 2021	Incoming resources	Balance at 31 August 2022
	£	£	£	£	£
Contingency Fund	21,000	9,000	30,000	-	30,000
	21,000	9,000	30,000	-	30,000

The contingency fund was set up in order to provide funds to cover for any unexpected expenditure that the charity should face, as well as provide a fund towards redundancy should the charity have to reconsider its operations, subject to funding.

#### 16 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022	2022	2022	2021	2021	2021
	£	£	£	£	£	£
Fund balances at 31 August 2022 are represented by: Current assets/						
(liabilities)	104,286	58,715	163,001	91,119	44,982	136,101
	104,286	58,715	163,001	91,119	44,982	136,101

#### 17 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).